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The Power of Giving Compliments

In my neighborhood lives a man I have given the somewhat non-original name; Compliments Man. It has happened to me a few times; when he meets me on the street, he comes up to me, looks me in the eye and says; "I just want to tell you, you look great". I am far from exclusive, as most days he just walks straight past me and goes to another girl, looks her in the eye and says something. I know he tells her the same thing, as the reaction is exactly the same as the way I react. A big smile. A happy face. I must admit that I feel just a bit better and happier, the days I meet Compliments Man.

This reminds me about World Compliment Day, which is a non-commercial initiative, held on the 1st of March every year.

From a commercial perspective; giving compliments is about the best way to keep your staff and colleagues motivated and loyal. Showing appreciation actually is far better and has a longer lasting effect than pay raises, as these tend to be best only the first month. And why stop at the working space? When was the last time you gave any of your friends and family a spontaneous compliment? Think about how good it feels to receive one. Then think about how great it feels to give one.

Support Compliment Day and give at least one earnest compliment to any one of your friends, family, colleagues or innocent by passers. I promise you that both parties will feel a lot better the whole day. And with that said; why stop at Compliments Day? There are 365 days in a year, you know?

Related links

<http://www.worldcomplimentday.info/>